

Pandemic Handbook for Students

Waterville Valley Adaptive Sports

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WVAS needs your help in ensuring compliance with the policies outlined here for the coming season. These have been put in place to minimize the spread of COVID while trying to maximize the number of lessons we offer and the number of students we can serve this season.

General Guidelines:

- Masks are required by everyone indoors at all times and whenever you cannot socially distance (6') outside. Buffs without a filter are not accepted
- Students may boot up in the office. Caregivers, no more than 2 per student, can assist but will be expected to leave as soon as the student has left for their lesson
- Prepare to spend more time outside
- We continue to offer lessons to anyone of any age but will limit physical contact. Transfers to and from sit skis should be performed by caregivers. Any student needing excessive assistance will need a caregiver to be present on snow as needed.



Lessons:

- Lessons will be reservation-only at specific time slots. We plan to offer staggered lesson start times, in the morning and in the afternoon. Students and caregivers will only be allowed in the office immediately prior to the start of your reserved lesson time.
- Lessons will be 2 hours in length
- The cost is \$70 for a half day and \$104 for a full day, (a full day consists of two 2-hour lessons on the same day.)

- Please be on time – scheduling is much more complicated this year than in previous years. If you are late, we will do our best to accommodate you. Be aware that if you need to wait, it will not be in the office.
- We will ask the student’s Covid vaccine status and require proof of status with the record card or a photo of it. If they are not vaccinated, a negative Covid test within a couple of hours prior to lesson is required.
- If the student requires continual physical support, then a caregiver needs to join the lesson to provide that piece. A caregiver will make sure the student is ready to ski with all necessary clothing and gear (except for selecting and configuring specific adaptive equipment). Please know that we will be assisting students that require limited support on and off the lifts. Also know that we will assist in supporting the student when they fall. We will not leave them in the snow!
- We will provide any adaptive equipment needed. All adaptive equipment will be sanitized between lessons.
- If any signs of illness appear immediately before or during the lesson, the lesson will be ended or cancelled. In this circumstance, neither student nor caregivers should re-enter the office. No refunds in this circumstance.
- Please stay home if anyone is ill with COVID symptoms or has received a COVID diagnosis or is awaiting COVID test results or has been required to isolate because of possible exposure! We do have people in the program with compromised immune systems – exposure could be very dangerous.



The WVAS Office:

- The office will have plexiglass partitions where applicable.
- Areas within the office have an air filtration system in place.
- The office area will be disinfected regularly.
- Bathrooms will be accessible to our students. We ask that, after every use, areas touched be wiped down with sanitized wipes provided in the bathroom
- There is a handicap parking lot behind the office. Once the student is off to their lesson, you will need to move your car to an appropriate lot

Please know that the Board of Directors and I absolutely have your safety, first and foremost in mind. If any of these protocols are difficult for your family and student, please contact me and we will see if, within safety guidelines, we can accommodate you. These protocols may change as the environment changes. I will notify you by email with any changes. We all must stay vigilant and flexible! Thank you!!

